



**Dakota Diabetes
Coalition**



“We serve North Dakotans through efforts to prevent diabetes and to improve care for those who have diabetes.”

Let’s Connect:

- **Share your successes with others.**
- **Learn new strategies from your counterparts around the state.**
- **Help direct the future of diabetes prevention and care in North Dakota.**



Conference Objectives

Pre-Conference Objectives

1. **Discuss and practice components of motivational interviewing to help elicit positive behavior change in populations diagnosed with chronic disease.**

Conference Objectives

1. **Understand how mindfulness practices can improve your capacity for well-being.**
2. **Identify research-based strategies to promote lifestyle changes.**
3. **Identify appropriate candidates for and review benefits of insulin pump therapy.**
4. **Understand current management strategies for diabetes medication adherence and diagnostic criteria for different types of diabetes.**
5. **Enable health care providers to apply ethical principles in the provision of diabetes care.**
6. **Explore the core principles and values of effective team-based health care.**

Continuing Education Credits Applied

For From:

- Commission on Dietetic Registration**
- ND Board of Nursing**
- ND Board of Social Work Examiners**

Photos from the event will be used in publications and websites. If you wish for your image not to be used, please talk with Loretta Heuer.

**Diabetes Summit
2018**

April 4, 5, & 6, 2018

**Radisson Hotel
605 East Broadway Avenue
Bismarck , ND**

Sponsored by:

**Dakota Diabetes Coalition
North Dakota Department of Health
Diabetes Program**

For:

**Diabetes Educators
Nurses
Registered Dietitians
Lifestyle Coaches
Social Workers**

**Continuing Education Credits
Available**





Diabetes Summit 2018



Preconference Workshop Agenda— April 4

8:00—4:00 Motivational Interviewing

Roxie Vandendries, MS RN

Day 1 Agenda — April 5

7:00—8:00 Breakfast & Welcome

8:00-10:00 Mindfulness – Care of the Caretaker

Michael Yellow Bird, MSW PhD

10:00-10:30 Vendor Break

10:30-12:00 Intuitive Eating: Helping Patients Make Peace with Food -SKYPE Holly Paulsen, RD, CEDRD, LD

12:00-12:45 Dakota Diabetes Coalition Member Luncheon and Meeting

12:45-2:00 Decolonizing the Mind: Healing and Creating Wellness through Neurodecolonization

Michael Yellow Bird, MSW PhD

2:00-3:00 Cultural Communication for Native American Patients

Rose Davis, RN

3:00-3:15 Vendor Break

3:15-4:15 Preventing and Managing Exercise-Related Blood Glucose Lows

Sheri Colberg, PhD

4:15-5:15 Motivation for Physical Activity and Special Populations

Sheri Colberg, PhD

Day 2 Agenda — April 6

7:00-7:45 Breakfast

DiAnn Ecret, PhDc, MSN RN, MA

8:00-9:00 Using an Ethics of Care to Decrease Harm Associated with Increasing Vulnerabilities of Diabetes & Obesity

9:00-10:00 Insulin Pumps

Susan Cavalier, CDE

10:00-10:30 Vendor Break

10:30-11:30 Achieving Health Outcomes-Elevating the Role of the Community Pharmacist

Kayla Schwartz, BS
Ben Shanahan, BA

11:30-12:30 Lunch and Vendor Break

12:30-1:30 Diabetes: Not as Simple as Just Type 1 and 2

Raul Ruiz, MD

1:30-2:30 Diabetes Medications

Natasha Petry, PharmD BCACP

2:30-2:45 Break

2:45-3:45 Put Me In Coach, I'm Ready to Play- A Team Based Care Approach to Diabetes Management

Tracey Regimbal, RHIT
Lisa Thorp, RN CDE

3:45-4:00 Wrap Up

Registration

Register at: <https://diabetessummit2018.eventbrite.com>

Conference Registration Fees

Pre-Conference—\$50

Motivational Interviewing

Day 1 Only—\$75.00

Day 2 Only—\$75.00

Both Days—\$125

\$25 discount for attending both days

Conference and travel support will be available from the Diabetes Prevention and Control Program, North Dakota Department of Health. The application can be accessed at: www.diabetesnd.org/events/summit

Hotel Accommodations

A block of rooms has been reserved at the

Radisson Hotel
605 East Broadway Avenue
Bismarck, ND

Call: 701-255-6000 to reserve your room by 3/03/18. Use promo code NDH418.

Registered attendees will be notified when handouts are available for download and printing from the www.diabetesnd.org/events/summit website.